

## EFFECT OF EARTHWORM'S EXTRACTS (*APORRECTODEA MOLLERI*) ON YEAST GROWTH: *IN VITRO* STUDY

S. Houida  
Researcher

L. Yakkou  
Researcher

M. Raouane  
Prof.

A. EL Harti  
Prof.

S. Amghar\*  
Prof.

Research Team : "Lumbricidae, Improving Soil Productivity and Environment" (LAPSE),  
Research Centre « Eau, Ressources Naturelles, Environnement et Développement Durable  
(CERNE2D), Ecole Normale Supérieure (E.N.S.) Mohammed V University, Rabat, Morocco.

\*Corresponding author: Dr. Prof. Souad AMGHAR. email: [eamghar@gmail.com](mailto:eamghar@gmail.com). GSM:  
+212661769456.

### ABSTRACT

This study was aimed to investigate the effect of earthworms after their decomposition on yeast growth. To achieve this objective, *in vitro* crude soluble extracts were prepared from two earthworms lots: freshly harvested from the field "FHE" and the other previously starved for one week "SE". The dry residues of these two crude extracts were used at different concentrations as a solid media for the growth of two yeast species: one "*Candida tropicalis*" got from another laboratory and the other was isolated by our team from earthworms' casts "*Filobasidium uniguttulatum*", and their growth was evaluated by colonies counting. The results obtained, compared with the Sabouraud Dextrose Agar (SDA), showed that the growth of both yeast isolates was significantly higher on mediums prepared using exclusively earthworms' crude extracts and agar. Optimal growth was obtained at a concentration corresponding to 0.375g/100 mL of earthworms' soluble matter of the two types of earthworms' lots. These results affirmed the richness and the diversification of those extracts, in nutrients and growth factors, that comes mainly from the intrinsic composition of earthworm's body biomass. The efficiency of the FHE and SE extracts for cultivation of yeast shows their possible use as a culture media that may be applied to other soil microorganisms and even *in vivo* as soil amendments or biofertilizers.

Keywords: crude extracts – earthworms' decomposition – yeast growth – culture media.

حويذة وأخرون

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تأثير مستخلصات دودة الأرض (*MOLLERI APORRECTODEA*) على نمو الخميرة: دراسة في المختبر

|             |            |           |                    |             |
|-------------|------------|-----------|--------------------|-------------|
| صوفيا حويذة | لمياء ايكو | محمد روان | عبد اللطيف الحارثي | سعاد امغار* |
| الباحثة     | باحثة      | استاذ     | استاذ              | استاذ       |

فريق البحث: " الخرطونيات، تحسين إنتاجية التربة والبيئة"  
المدرسة العليا للأساتذة، جامعة محمد الخامس، الرباط، المغرب.

### المستخلص

يهدف هذا البحث إلى دراسة تأثير مستخلصات ديدان الأرض بعد تحللها على نمو الخميرة. ولتحقيق هذا الهدف، تم إعداد مستخلصات خامة قابلة للذوبان في المختبر من دود الأرض. تم تقسيمهم إلى مجموعتين: واحدة تم حصادها حديثاً من حقل "FHE" والأخرى تم تجويبها من قبل لمدة أسبوع واحد بهدف افرغ محتوى انبوبهم الهضمي "SE". استخدمت المستخلصات المحصل عليها من كلا المجموعتين في تركيبات مختلفة كوسائط مغذية لنمو نوعين من الخميرة: أحدهما حصلت عليها من مختبر آخر "*Candida tropicalis*" والأخرى تم عزلها من قبل فريقنا من محيط ديدان الأرض "*Filobasidium uniguttulatum*". تم تقييم النمو عبر حساب المستعمرات الخميرية. أظهرت النتائج التي تم الحصول عليها، مقارنة مع Sabouraud Dextrose Agar (SDA)، أن نمو كل من الخميرتين كان أعلى بكثير على الوسائط المعدة باستخدام المستخلصات الخامة لكلي المجموعتين من ديدان الأرض. تم الحصول على النمو الأمثل بتركيز يعادل 0.375g/1000 مل من مستخلصات ديدان الأرض وذلك في كلي المجموعتين. أكدت هذه النتائج ثراء وتنوع هاته المستخلصات، بالمغذيات وعوامل النمو، التي تأتي أساساً من الكتلة الحيوية لدود الأرض. كفاءة المستخلصات FHE و SE في نمو الخميرة يظهر امكانية استخدامها كوسائط النمو لظفر الخميرة، كما يمكن استعمالها في نمو كائنات حية دقيقة أخرى متواجدة بالتربة، زيادة على امكانية استعمالهم كأسمدة الحيوية للتربة.

الكلمات المفتاحية: مستخلصات خامة، تحلل ديدان الأرض، نمو الخميرة، وسائط النمو.

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## INTRODUCTION

Earthworms constitute a very important mass of soil fauna, their activity plays a key role in the decomposition of organic matter, the renewal of nutrients and the soil structuring (5, 10). In addition, they are the main boosters of the formation of soil microbial communities, as yeasts, bacteria, and fungi. However, compared to bacteria and mycorrhizal fungi, the potential of using yeasts as plant growth-promoting agents (PGP) and as soil amendments has been misapplied for a long time. Recently, researches had proved their important roles in the transformation of nutrients, the maintenance of soil structure (4), as plant growth-promoting agents (PGP) (2, 8, 16, 17), biocontrol agents (11) and biodegradation agents of toxic benzamine in the environment (20). Besides studies on the movement of N from dead earthworm tissues toward microbial biomass and plants (7, 22), few studies have been interested in the postmortem effect of earthworms on the soil microflora, particularly on yeasts. The aim of our study is to demonstrate experimentally the effect of crude earthworms extracts on yeasts growth. To achieve this objective, we have prepared crude extracts from earthworms by maceration in water from two different lots of worms: freshly harvested earthworms (FHE) and Starved for one-week earthworms (SE). These extracts were tested on the growth of two yeast species (*Candida tropicalis* and *Filobasidium uniguttulatum*) that belong to the Plant Growth Promoters groups. The growth of yeasts were evaluated in solid media. Otherwise, the effect of the two extracts of FHE and SE will be compared between them, in order to verify the possible effect of the gut contents of earthworms on *in vitro* yeasts growth. Finally, evaluate the effectiveness of the worm extracts, by the relative concentration and the relative growth compared to the control media.

## MATERIALS AND METHODS

### Biological materials

**Earthworms:** Earthworm samples were collected near the Moulay Abdeallah water dam in the region of Akrach – Rabat (latitude: 33.97947700, longitude -6.82635500), Morocco. They have been identified by Dr. Jorge Dominguez at “Grupo de Ecologia

Animal (GEA)” in Vigo University – Spain. The molecular identification of the earthworms based on cytochrome c oxidase subunit I (COX1) gene revealed that the earthworm’s specimens belong to *Aporrectodea molleri* specie. The sequence was submitted to the NCBI Genbank and it was given the accession number MT878074.1. The earthworms were separated into two lots: Freshly Harvested Earthworms (FHE) and Starved Earthworms (SE) which devoid of soil and food for a week.

### Yeasts

*Candida tropicalis*: comes from the collection of clinical strains from the Higher Institute of Nursing Professions and Health Techniques (ISPITS) in Rabat-Morocco.

*Filobasidium uniguttulatum*: was isolated, from the soil where earthworms were harvested, in our laboratory: *Lumbricidae*, Improvement of Soil Productivity and Environment (LAPSE) at ENS—Rabat (Morocco). Then, identification was done by Internal Transcribed Spacer Sequencing, at the National Center for Scientific and Technical Research (CNRST) in Rabat. The sequence was therefore submitted to the NCBI Genbank and had the following accession number MW369490.

### Methods

**Preparation of crude extracts from earthworms :** The lots of FHE and SE (100 g of wet biomass) were immersed in concentrated methanol and placed directly in the oven at 70°C for 3 days. After drying, the worms were ground using a mortar until a powder is obtained, weighed to determine the dry biomass of the earthworms (FHE<sub>db</sub> and SE<sub>db</sub>). Extracts preparation was carried out in an oven (70°C), by maceration in successive baths of hot distilled water. The macerates obtained were filtered progressively on glass cotton, then through Wattman paper. The resulted filtrate was evaporated in an oven (70°C) until the obtention of a powder, weighed to determine the crude extract (FHE<sub>ce</sub> or SE<sub>ce</sub>). It is from this extract, consisting mainly of water-soluble matter, that solid culture media will be prepared at different concentrations by successive dilutions. FHE<sub>ce</sub> and SE<sub>ce</sub> are stored at -6°C until use in the experiments.

### Preparation of culture media

**Culture medium:** Sabouraud Dextrose Agar (HIMEDIA) contains 4 g/100mL of Dextrose, 1 g/100mL of Peptone, and 1.5 g / 100 mL of agar (Biokar) that was used as control. The extract of each earthworms lots (6 g, FHE or SE) is suspended in 200 mL of distilled water (stock solution) and the 6 dilutions were prepared. Worm extracts (FHE and SE) were used as unique source of nutrients at different concentrations (7 in total) by successive ½ dilutions. The pH was adjusted to  $5.6 \pm 0.2$  units then 1.5 g / 100 mL of agar was added, and the solid mediums were autoclaved at 121°C for 15 min.

### Yeast culture and growth evaluation

**Inoculum preparation:** The inoculum of each yeast's types (*Candida tropicalis*, *Filobasidium uniguttulatum*) was prepared in order to obtain a suspension giving on the solid medium a countable colonies number between 30 and 300.

**Evaluation of yeast growth:** On solid medium prepared exclusively by FHE<sub>ce</sub> or SE<sub>ce</sub> and the control media, 0.1mL of each yeast inoculum was put into media using the spread plate method (triplicate), and incubated for 72 h at 30°C and 26°C for *Candida tropicalis* and *Filobasidium uniguttulatum*, respectively. The growth of yeasts was evaluated by counting the colonies number developed on medium surface.

### Methods for evaluating the efficiency of earthworms' extracts

The effectiveness of FHE and SE extracts on the growth of both yeast types tested by two indexes:

**Relative concentration (RC):** the ratio percentage of dry matter content for FHE<sub>ce</sub> or SE<sub>ce</sub> concentration and nutrients content (dextrose, peptone) in SDA control media.

$$RG = C_{FHE} \text{ or } C_{SE} / C_{SDA} \times 100$$

**Relative Growth (RG):** the percentage of the growth of yeasts (colonies number per Petri dish) in FHE<sub>ce</sub> or FE<sub>ce</sub> (G<sub>FHE</sub> or G<sub>FE</sub>) compared to the growth in the conventional media SDA (G<sub>SDA</sub>).

$$RG = G_{FHE} \text{ or } G_{SE} / G_{SDA} \times 100$$

The Relative Concentration as well as the Relative Growth on the control medium SDA were considered as 100%. Thereby, FHE<sub>ce</sub> or FE<sub>ce</sub> are considered more effective than the

conventional medium, when simultaneously the value of RC is less than or equal to 100% and the value of RG is greater than or equal to 100%.

### Statistical analysis and data treatment

The results were the subject of the variance analysis (ANOVA). The comparisons between the values obtained for each type of media were made by a unidirectional analysis of variance, followed by the Tukey multiple test (IBM statistics SPSS 22). The differences are considered significant for  $p < 0.05$ .

## RESULTS AND DISCUSSION

### Soluble matter yield from the two varieties of earthworms: FHE and SE:

The dry weights of the different lots (FHE<sub>dw</sub> and SE<sub>dw</sub>), as well as those of the soluble matter contained in the FHE<sub>ce</sub> and SE<sub>ce</sub>, are showed in Table 1. The FHE gut contents are evaluated by the difference of the dry weight between the lots FHE<sub>dw</sub> and SE<sub>dw</sub>. This quantity, equal to 6g, represented 24% of the FHE lot dry weight. The dry weight of the crude extracts FHE<sub>dw-ce</sub> and SE<sub>dw-ce</sub> is respectively equal to 11g (57.89% of FHE<sub>db</sub>-6g) and 13g (68.42% of SE<sub>db</sub>). This slightly higher percentage of soluble matter for FE lot is likely due to the condition of earthworm after the fasting period. Our observations showed that the worms, which have undergone the fasting period, become more flaccid and less turgid, which probably indicates a loss of intracorporeal water.

**Table 1. Dry biomass and crude extract amounts obtained from two lots of earthworms starting by 100g of wet biomass**

| Earthworms | Biomass |     | Crude extract |
|------------|---------|-----|---------------|
|            | Wet     | Dry |               |
| FHE        | 100     | 25  | 11            |
| SE         | 100     | 19  | 13            |

### Yeast growth evaluation

The culture results of the two yeast species *Candida tropicalis* and *Filobasidium uniguttulatum*, on media prepared only by earthworms' extracts (FHE and FE), showed that yeasts were able to grow and assimilate these extracts as unique source of nutrients.

### Crude extract of freshly harvested earthworms (FHE):

The results of the effect of FHE<sub>ce</sub> at different concentrations (C<sub>n</sub>) on the growth of *Candida tropicalis* and *Filobasidium uniguttulatum* are shown in

Table 2. For the yeast *Candida tropicalis*, all the concentrations of FHE crude extracts allowed its growth with an average number of colonies formed per Petri dish, significantly similar at the concentrations C<sub>1</sub>, C<sub>2</sub>, C<sub>6</sub> and C<sub>7</sub>, and much higher at C<sub>3</sub>, C<sub>4</sub> and C<sub>5</sub> compared with the number obtained in the control SDA media allowed the development of 228.33 ± 1.45 colonies (p <0.05). The optimal efficiency was obtained at the concentration C<sub>4</sub> (0.375g/100 mL of crude extracts), with 283.00 ± 2.08 colonies per Petri dish, a relative concentration compared to that of SDA equal to only 7.5% and a relative growth

of 124.12%. On the other hand, *Filobasidium uniguttulatum* couldn't grow at the first concentration C<sub>1</sub> of FHE extract and the growth on lowest concentrations C<sub>6</sub> and C<sub>7</sub> was significantly inferior. The optimal growth was obtained as well as *Candida tropicalis* at C<sub>4</sub>, with a value of 230.33 ± 1.86 colonies per Petri dish, and which was the only concentration giving a number of colonies significantly higher from that of SDA (201.33 ± 1.76). The optimal efficiency was recorded at C<sub>4</sub> (0.37g/100 mL of FHE extract) corresponding to a RG of 114.4% and a RC of only 7.5%.

**Table 2. Colony forming units (CFU) of *Candida tropicalis* and *Filobasidium uniguttulatum* in mediums based on different concentrations of earthworms' dry matter (FHE<sub>CE</sub>) compared to the control media SDA. CFU values are expressed as means ± standard errors. Different letters (a, b, c, d) represent significant differences in treatments at P<0.05. RC = Relative Concentration compared to that of SDA (which represent 100%). RG = Relative Growth compared to that on the SDA medium**

| Yeast strain                      | Medium (FHE <sub>CE</sub> ) | C <sub>1</sub>             | C <sub>2</sub>             | C <sub>3</sub>             | C <sub>4</sub>             | C <sub>5</sub>             | C <sub>6</sub>             | C <sub>7</sub>             | SDA                        |
|-----------------------------------|-----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <i>Candida tropicalis</i>         | Dry matter (g/100mL)        | 3                          | 1.5                        | 0.75                       | 0.375                      | 0.19                       | 0.09                       | 0.05                       | 5                          |
|                                   | RC %                        | 60                         | 30                         | 15                         | 7.5                        | 3.74                       | 1.875                      | 0.937                      | 100                        |
|                                   | CFU                         | 231.00 ± 1.73 <sup>a</sup> | 233.00 ± 1.73 <sup>a</sup> | 241.67 ± 1.45 <sup>b</sup> | 283.00 ± 2.08 <sup>c</sup> | 244.33 ± 2.03 <sup>b</sup> | 233.33 ± 0.88 <sup>a</sup> | 227.00 ± 1.73 <sup>a</sup> | 228.33 ± 1.45 <sup>a</sup> |
|                                   | RG %                        | 101.17                     | 102.05                     | 105.84                     | 124.12                     | 107.00                     | 102.19                     | 99.42                      | 100                        |
|                                   | CFU                         | 0 ± 0 <sup>a</sup>         | 202.00 ± 2.31 <sup>c</sup> | 201.00 ± 2.08 <sup>c</sup> | 230.33 ± 1.86 <sup>d</sup> | 211.67 ± 3.28 <sup>c</sup> | 182.33 ± 2.40 <sup>b</sup> | 188.00 ± 3.06 <sup>b</sup> | 201.33 ± 1.76 <sup>c</sup> |
| <i>Filobasidium uniguttulatum</i> | CFU                         | 0                          | 100.33                     | 99.84                      | 114.40                     | 105.14                     | 90.56                      | 93.38                      | 100                        |
|                                   | RG %                        | 0                          | 100.33                     | 99.84                      | 114.40                     | 105.14                     | 90.56                      | 93.38                      | 100                        |
|                                   | CFU                         | 0                          | 100.33                     | 99.84                      | 114.40                     | 105.14                     | 90.56                      | 93.38                      | 100                        |

Different letters (a, b, c, d) represent significant differences in treatments at P< 0.05.

**Crude extract of starved earthworms (SE)**

The results of SE<sub>ce</sub> effect at different concentrations on the growth of *Candida tropicalis* and *Filobasidium uniguttulatum* are presented in Table 3. The ability of the yeast *Candida tropicalis* to grow on media based on starved earthworms' extracts was slightly different as the growth was significantly low on the highest and the lowest concentrations C<sub>1</sub>, C<sub>2</sub> and C<sub>7</sub>. All the other concentrations gave an average number of colonies formed per Petri dish, significantly much higher (C<sub>3</sub>, C<sub>4</sub>, C<sub>5</sub> and C<sub>6</sub>) than the number obtained in SDA media, which is 228.33 ± 1.45 colonies per dish (p <0.05). In fact, the efficiency zone varied between C<sub>3</sub> = 0.75g/100mL and C<sub>6</sub> = 0.093g/100mL with an optimal efficiency

obtained once more at C<sub>4</sub> (0.375g/100 mL of crude extracts), with 274.33 ± 2.96 colonies formed per dish, and a RG of 120, 15%. The isolated yeast *Filobasidium uniguttulatum* only SE extracts at concentrations C<sub>3</sub> and C<sub>4</sub> allowed a growth significantly higher than that obtained on SDA media (p <0.05). Crude extracts' concentrations C<sub>2</sub>, C<sub>5</sub> and C<sub>6</sub> showed results comparable to SDA, while for C<sub>1</sub> and C<sub>7</sub>, corresponding to the extreme concentrations (3g/100 mL and 0.05g/100 mL), the growth was significantly lower. Thus, the optimal efficiency of FE extract is observed anew at the concentration C<sub>4</sub> = 0.375g/100 mL, the RG was 112.75% compared to the SDA.

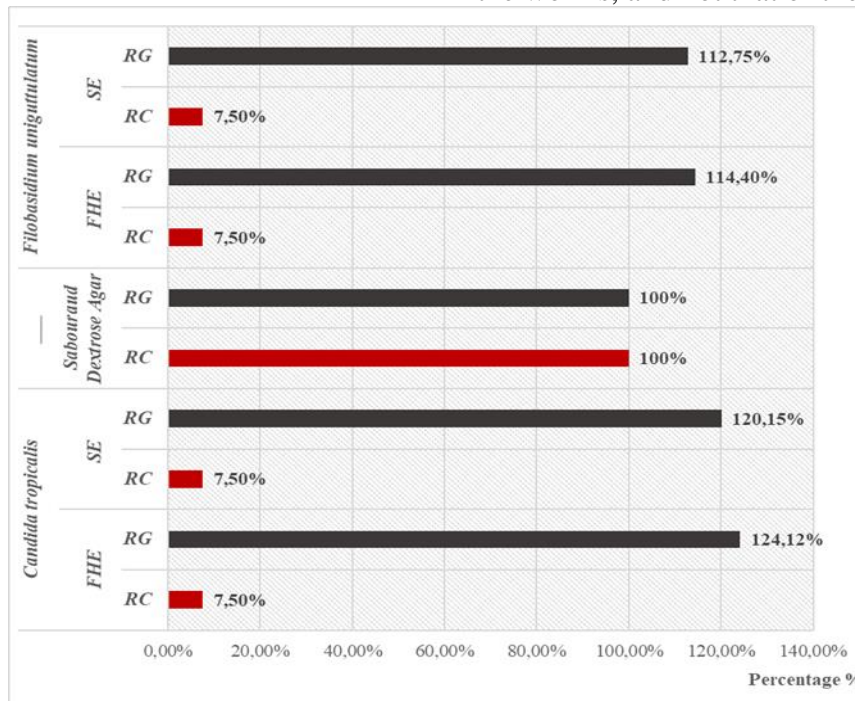
**Table 3. Colony forming units (CFU) of *Candida tropicalis* and *Filobasidium uniguttulatum* in mediums prepared using different concentrations of Starved Earthworms' dry matter compared to the control media SDA. CFU values are expressed as means ± standard errors. Different letters (a, b, c, d) represent significant differences in treatments at P<0.05. RC = Relative Concentration compared to that of SDA (which represent 100%). RG = Relative Growth compared to control**

| Yeast strain                              | Medium (SE <sub>CE</sub> ) | C <sub>1</sub>             | C <sub>2</sub>             | C <sub>3</sub>             | C <sub>4</sub>             | C <sub>5</sub>             | C <sub>6</sub>             | C <sub>7</sub>             | SDA                        |
|---|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|----------------------------|
| <i>Filobasi Candidium a uniguttulatum</i> | Dry matter (g/100mL)       | 3                          | 1.5                        | 0.75                       | 0.375                      | 0.19                       | 0.09                       | 0.05                       | 5                          |
|   | RC %                       | 60                         | 30                         | 15                         | 7.5                        | 3.74                       | 1.875                      | 0.937                      | 100                        |
|   | CFU                        | 220.67 ± 2.03 <sup>b</sup> | 228.00 ± 2.08 <sup>b</sup> | 241.67 ± 3.18 <sup>c</sup> | 274.33 ± 2.96 <sup>d</sup> | 270.33 ± 2.96 <sup>d</sup> | 271.00 ± 1.53 <sup>d</sup> | 203.00 ± 3.61 <sup>a</sup> | 228.33 ± 1.45 <sup>b</sup> |
|   | RG %                       | 96.64                      | 99.85                      | 105.84                     | 120.15                     | 118.39                     | 118.68                     | 88.91                      | 100                        |
|   | CFU                        | 182.33 ± 1.76 <sup>a</sup> | 204.33 ± 2.40 <sup>b</sup> | 226.67 ± 2.08 <sup>c</sup> | 227.00 ± 1.76 <sup>c</sup> | 206.00 ± 2.31 <sup>b</sup> | 204.67 ± 2.40 <sup>b</sup> | 187.33 ± 2.60 <sup>a</sup> | 201.33 ± 1.76 <sup>b</sup> |
|   | RG %                       | 90.56                      | 101.49                     | 112.59                     | 112.75                     | 102.32                     | 101.66                     | 93.05                      | 100                        |

Different letters (a, b, c, d) represent significant differences in treatments at P< 0.05

Our results showed that the low concentrations of FE and EHF media gave significantly lower growth than the reference medium (C<sub>7</sub> of the SE medium for *Candida tropicalis*; C<sub>1</sub> and C<sub>7</sub> of the SE medium and C<sub>6</sub> and C<sub>7</sub> of the medium FHE for *Filobasidium uniguttulatum*). These decreases would be due to dilutions which deplete the media. In contrast, for *Filobasidium uniguttulatum*, the high concentrations also affected growth, either by inhibiting growth (C<sub>1</sub> of the FHE media) or by giving significantly less growth than in SDA (C<sub>1</sub> of the SE media). That would probably be due to the excess in vitamins and growth factors, which are known for their toxic effects at high concentration. By comparing the efficiencies of earthworms' crude extracts

(FHE) and (SE) (Fig. 1), we noticed that for both yeasts' species, the optimal concentration for yeast growth was C<sub>4</sub>=0.375g/100 mL that corresponds to a relative concentration (RC) equal to 7.5%. The optimum relative growths (RG), whatever the nature of the media (FHE or SE), were similar for both yeasts, but its value for *Candida tropicalis* was always higher than that of *Filobasidium uniguttulatum*. The obtained results show that the tolerance of *Candida tropicalis* for culture media based on earthworms is slightly higher than that of *Filobasidium uniguttulatum*. Also, the richness of the extracts, in nutritive matters and growth substances comes, mainly, from the intrinsic composition of the body mass of the worms, and not that of their gut contents.



**Figure 1. Efficiency of crude extracts (FHE) and (SE), at the obtained optimal concentrations (C<sub>4</sub>=0.375g/100mL), on the growth of *Candida tropicalis* and *Filobasidium uniguttulatum*, in solid media**



Many studies on the nutritional composition of dry earthworm powder has shown that it contains proteins at a rate of 60–70%, 8 to 20% of carbohydrates, 7–10% of lipids, 2–3% of minerals, various vitamins and rhizogenic indole compounds (3, 9, 12, 14, 21). This rich and diverse composition of earthworms could explain the optimal growth of the two yeasts tested, obtained at concentrations of FHE and FE crude extracts of only 0.375g/100 mL compared to the SDA media, which contains 5g/100 mL of nutrient matter (peptone and dextrose). Projecting our results to the natural environment would help understand the postmortem effect of earthworms in the rhizosphere. As a matter of fact, these invertebrate animals which constitute approximately 80% of the animal biomass of the ground, have a potentially very long life cycle, up to 10 to 12 years, although on the ground, many species live only 1 or 2 seasons, due to their sensitivity to a wide range of predators (10). After their death, their decomposed tissues enrich the soil with nutrients and probably growth factors with high added value, particularly in N (7, 10, 22). This enrichment would improve soil fertility by promoting the activity and growth of microorganisms, especially yeasts. Indeed, a diversified range of PGP yeasts, have characteristics favoring the growth of plants, and participate to this effect in several ways such as the biocontrol abilities (1, 8, 11, 13, 17, 18, 19, 20). In this work, we tested two yeasts species were tested, which are part of soil yeasts. *Candida tropicalis* is frequently found in decomposing plant matter and has been reported to be a PGP yeast (2). *Filobasidium uniguttulatum*, determined by Kwon-Chung (15) in 1977 and formerly named *Cryptococcus uniguttulatum*, is a species which has not been reported in subsequent studies, but the genus *Cryptococcus* is part of the PGP yeasts, and its implication in the improvement of plant productivity has been reported (8, 11, 16).

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